



DR MISTRY
SPECIALIST PLASTIC SURGEON

Strataderm Patient Guide

How silicone gel may be used as part of a scar-care plan.

AT A GLANCE:

Scars remodel slowly. The most useful plan is usually simple: protect the healing skin, use the products or treatments exactly as advised, avoid sun exposure, and contact the clinic if the scar becomes increasingly painful, hot, swollen, open, or rapidly raised.

What Strataderm is

Strataderm is a transparent silicone scar gel. When used as directed, silicone gel dries into a thin protective film over a healed scar. Silicone scar therapy is commonly used to help soften, flatten, hydrate, and protect scars while they remodel.

Use it only on closed skin unless your clinician has specifically given different instructions.

How to use it

- Clean and gently dry the scar area.
- Apply a very thin layer over the scar. More gel is not better; excess product may feel sticky and transfer to clothing.
- Allow it to dry before covering with clothing, sunscreen, or makeup.
- Use at the frequency and duration recommended by your clinician or the product label.

Tips for best results

- Consistency matters more than a thick application.
- Do not apply over infected, weeping, or open wounds unless directed.
- If irritation develops, stop use and contact the clinic.
- Continue sun protection, because silicone does not replace sunscreen.

IMPORTANT:

Scar products improve the conditions for healing, but they do not erase scars. Results vary with scar type, location, skin type, genetics, and treatment consistency.